

Junior High FLEX Blocks

PURPOSE

The purpose of Flex is to provide opportunities to our students to have a choice of participating in activities that they may not get in their regular classes. Flex sessions are tied to the curriculum. It is seen as an extension of regular class time.

CURRICULUM

On PowerSchool when students sign up for sessions, the curriculum outcomes will be listed in the session descriptions. Teachers will state which curriculum outcomes will be covered in their sessions.

SIGN UP

Flex sign up times open at 9 am the Thursday before a Flex Thursday. For example, if Flex is February 9th then the flex sign up day will be February 2nd. All students have equal access at the same time to choose their block sessions. Students will be given time at 9 am during their homerooms to sign up for Flex.

FIELD TRIPS

- Field trips will be advertised on junior high morning announcements 1-2 weeks prior to Flex sign up.
- Two weeks prior, the teacher leader (the teacher that is running the field trip) will publish at 9 am a separate flex session for students to sign up for the field trip. All Junior high teachers will allow students equal access to sign up using Chromebooks. For example, if Flex is February 9th then sign up for the field trip will be January 26th.
- Once students are signed up, they are responsible to see the teacher leader for a permission form.
- All permission forms and fees are to be submitted by the day before the official flex sign up date. For example, if flex is February 9th then forms and fees are due February 1st.
- If forms and fees are not received by the time the official flex sign up opens, all remaining spots will open up on the flex sign up day for other students to sign up. For example, if flex is February 9th then remaining spots will open up February 2nd.
- For example, if the field trip is on **February 9th**

January 26th	February 1st	February 2nd	February 9th
Students sign up for field trip at 9:00 am.	All permission forms and fees due by the end of the school day.	Flex sign up day for all sessions. Any remaining spots for the field trip opens up to other students.	Flex Day

List will be continuously updated as Field Trips are added.

SCHEDULE

Flex Sign Up Date	Flex Date
September 8th	September 15th
September 22nd	September 29th
October 6th	October 13th
November 3rd	November 10th <i>Human Rights</i>
November 24th	December 1st
December 8th	December 15th <i>Wall Climbing, Bowling</i>
January 12th	January 19th <i>Be an Upstander - Human Rights</i>
February 2nd	February 9th <i>Underwater Hockey</i>
February 16th	February 23rd <i>Be an Upstander - Human Rights</i>
March 9th	March 16th <i>Father Michael Mireau Youth Day</i>
April 6th	April 13th

April 20th	April 27th
May 4th	May 11th
May 18th	May 25th
June 1st	June 8th