

SUMMER 2026

FSLW RESOURCE GUIDE



**HOW TO APPLY TO THE EDMONTON
FOOD BANK**



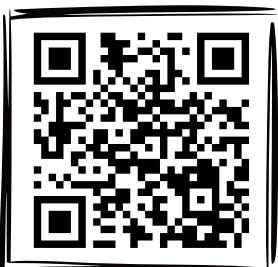
**ADDITIONAL FOOD RESOURCES:
COMMUNITY BREAD RUNS**



**ADDITIONAL FOOD RESOURCES:
COMMUNITY MEALS**



**HOW TO APPLY FOR EMERGENCY
FINANCIAL ASSISTANCE**



**HOW TO FIND AFFORDABLE
HOUSING**





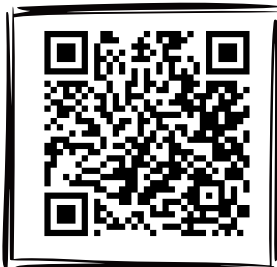
**HOW TO APPLY FOR THE ALBERTA
CHILD HEALTH BENEFIT**



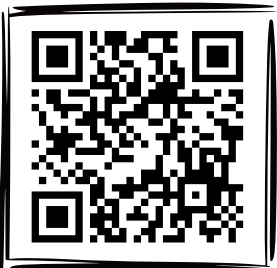
**HOW TO APPLY FOR THE ALBERTA
ADULT HEALTH BENEFIT**



**CHILD AND ADOLESCENT
ADDICTION & MENTAL HEALTH
EDUCATION RESOURCE LIBRARY**



**RECOVERY ALBERTA MENTAL HEALTH
PARENT INFORMATION**

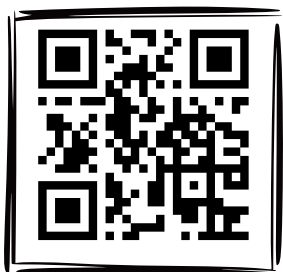


**KICKSTAND CONNECT: A FREE
VIRTUAL WALK-IN CLINIC FOR AGES
12-25**



**ADULT ADDICTION AND MENTAL
HEALTH: INTAKE AND CRISIS
TEAM (ACCESS 24/7)**





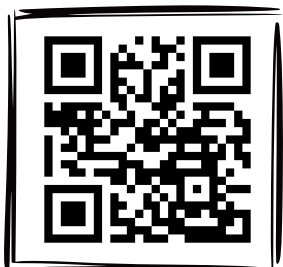
**ALBERTA INDIGENOUS VIRTUAL
CARE CLINIC**



**DOMESTIC AND FAMILY VIOLENCE
RESOURCES**



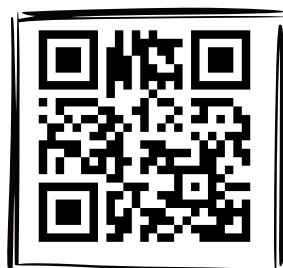
**RESPITE CARE:
KIDS KOTTAGE**



**RESPITE CARE:
SAFEHAVEN OASIS**



FIND A FAMILY DOCTOR



**LOOKING FOR A RESOURCE WE
HAVEN'T LISTED? CHECK 211**

